



John C. Crosby put together a rather interesting list of 10 Commandments of Mentoring:

1. Thou shalt not play God.
2. Thou shalt not play Teacher.
3. Thou shalt not play Mother or Father.
4. Thou shalt not lie with your body.
5. Active listening is the holy time and thou shalt practice it at every session.
6. Thou shalt be nonjudgmental.
7. Thou shalt not lose heart because of repeated disappointments.
8. Thou shalt practice empathy, not sympathy.
9. Thou shalt not believe that thou can move mountains.
10. Thou shalt not envy thy neighbor's protégé, nor thy neighbor's success.

Some good advice on how you view your role as a mentor and what makes for a successful mentoring process!

Dr. Blair Ritchey is Executive Director of ISF, a non-profit foundation dedicated to providing scholarships, mentoring and leadership development for young people who have aged out of orphan or foster care, as they pursue their dream of a college education and a successful life. Mentoring Moment is a weekly message of encouragement and inspiration to those committed to the mentoring process. If you prefer NOT to receive Mentoring Moment, simply reply to this email.



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